

Sunday

Monday

Tuesday

Wednesday











Thursday

Friday

Saturday

February 2024

Seaforth Retirement Community

<p>10:00 Roman Catholic Communion with Linda Kistner 2:00 Sunday Social</p>	<p>10:30 Exercise with One Care-Zoom 2:00 Entertainment with Judy Holden</p>	<p>10:30 Exercise with One Care-Zoom 2:00 Manicures 7:00 Tuck Cart</p>	<p>10:30 Exercise with One Care-Zoom 2:00 Ice Cream Cones 7:00 Walker Cleaning</p>	<p>10:30 Exercise with One Care-Zoom 2:00 YAH MEETING</p> 	<p>10:30 Exercise with One Care-Zoom 2:00 Fun & Games 6:45 Bingo</p> <p>Wear BROWN for Groundhog Day</p> 	<p>2:00 News and Views 7:00 Movie Night</p>  <p>Chinese New Year Year of the Dragon</p>
<p>10:00 Roman Catholic Communion with Phil Kuttain 6:30 Super Bowl Sunday</p> 	<p>9:00 Massages with Leanne 10:30 Exercise with One Care-Zoom 2:00 Cards and Games</p>	<p>10:30 Exercise with One Care-Zoom 2:00 Karaoke & Mardi Gras Party 7:00 Tuck Cart</p>  <p>Shrove Tuesday Mardi Gras</p>	<p>10:30 Exercise with One Care-Zoom 12:00 Sweetheart Luncheon 2:00 Valentines Day Party - Jason Lamont Wear RED for Valentines Day</p> 	<p>10:00 Catholic Mass with Father 10:30 Exercise with One Care-Zoom 2:00 Giant Yahtzee</p>	<p>10:30 Exercise with One Care-Zoom 2:00 Fun & Games 6:45 Bingo</p> <p>NATIONAL PIZZA DAY</p> 	<p>2:00 News and Views 7:00 Movie Night</p>
<p>10:00 Roman Catholic Communion with Mary Ryan 2:00 Sunday Social</p>	<p>10:30 Exercise with One Care-Zoom 2:00 Make a Family Tree</p> 	<p>10:30 Exercise with One Care-Zoom 2:00 Manicures 7:00 Tuck Cart</p>	<p>10:30 Exercise with One Care-Zoom 2:00 Church Service with Pastor Ken Whiting 2:00 Ice Cream Cones 7:00 Walker Cleaning</p>	<p>10:30 Exercise with One Care-Zoom 2:00 Let's Bake Cookies</p>	<p>10:30 Exercise with One Care-Zoom 2:00 Fun & Games 6:45 Bingo</p>	<p>2:00 News and Views 7:00 Movie Night</p>
<p>10:00 Roman Catholic Communion with Mary Barnes 2:00 Sunday Social</p>	<p>10:30 Exercise with One Care-Zoom 2:00 Cards and Games</p>	<p>10:30 Exercise with One Care-Zoom 2:00 Manicures 7:00 Tuck Cart</p>	<p>10:30 Exercise with One Care-Zoom 2:00 Church Service Pastor Brian Hymers 2:00 Ice Cream Cones 7:00 Eye Glass Cleaning</p> <p>Wear Pink for Anti-Bullying</p> 	<p>10:30 Exercise with One Care-Zoom 2:00 "LEAP" Guggenheim</p> <p>LEAP YEAR 366</p>	<p>HAPPY Valentine's Day</p> 	

DUE TO UNFORSEEN CIRCUMSTANCES PROGRAM CHANGES MAY OCCUR WITHOUT ADVANCED WARNING.