

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p><u>Health Topic</u> Cardiovascular/ Heart</p>	<p>10:00 Coffee Break 10:30 Zoom Exercise 1:00 Zoom Social Hour 7:00 Tuck Cart</p>  <p>Chinese New Year (Year of the Tiger)</p>	<p>10:00 Coffee Break 10:30 Zoom Exercise 1:00 Activities 7:00 Eye Glass Cleaning</p>  <p>Groundhog Day</p>	<p>10:00 Coffee Break 10:30 Zoom Exercise 1:00 Zoom Social Hour 7:00 Walker Cleaning</p>  <p>Hair salon</p>	<p>10:00 Coffee Break 10:30 Zoom Exercise 1:00 Zoom Social Hour 7:00 Bingo</p>  <p>Bake Sale</p>	<p>10:00 Coffee Break 10:30 Word board 2:00 Social Hour in Lounge 7:00 Movie Night</p> 	
<p>10:00 Coffee Break 2:00 Friendly Visits 7:00 Current Events</p> 	<p>10:00 Coffee Break 10:30 Zoom Exercise 1:00 YAH Meeting- dining room 7:00 Manicures</p> 	<p>10:00 Coffee Break 10:30 Zoom Exercise 1:00 Zoom Social Hour 7:00 Tuck Cart</p> 	<p>10:00 Coffee Break 10:30 Zoom Exercise 1:00 Activities 7:00 Eye Glass Cleaning</p> 	<p>10:00 Coffee Break 10:30 Zoom Exercise 1:00 Zoom Social Hour 7:00 Walker Cleaning</p> 	<p>10:00 Coffee Break 10:30 Zoom Exercise 1:00 Zoom Social Hour 7:00 Bingo</p> 	<p>10:00 Coffee Break 10:30 Word board 2:00 Social Hour in Lounge 7:00 Movie Night</p> 
<p>10:00 Coffee Break 2:00 Friendly Visits 7:00 Current Events</p> 	<p>10:00 Coffee Break 10:30 Zoom Exercise 1:00 Games 7:00 Manicures</p>  <p>Valentine's Day</p>	<p>10:00 Coffee Break 10:30 Zoom Exercise 1:00 Zoom Social Hour 7:00 Tuck Cart</p> 	<p>10:00 Coffee Break 10:30 Zoom Exercise 1:00 YUM Box 7:00 Eye Glass Cleaning</p> 	<p>10:00 Coffee Break 10:30 Zoom Exercise 1:00 Zoom Social Hour 7:00 Walker Cleaning</p> 	<p>10:00 Coffee Break 10:30 Zoom Exercise 1:00 Zoom Social Hour 7:00 Bingo</p> 	<p>10:00 Coffee Break 10:30 Word board 2:00 Social Hour in Lounge 7:00 Movie Night</p> 
<p>10:00 Coffee Break 2:00 Friendly Visits 7:00 Current Events</p> 	<p>10:00 Coffee Break 10:30 Zoom Exercise 1:00 Games 7:00 Manicures</p>  <p>Family Day</p>	<p>10:00 Coffee Break 10:30 Zoom Exercise 1:00 Zoom Social Hour 7:00 Tuck Cart</p> 	<p>10:00 Coffee Break 10:30 Zoom Exercise 1:00 Activities 7:00 Eye Glass Cleaning</p> 	<p>10:00 Coffee Break 10:30 Zoom Exercise 1:00 Zoom Social Hour 7:00 Walker Cleaning</p> 	<p>10:00 Coffee Break 10:30 Zoom Exercise 1:00 Zoom Social Hour 7:00 Bingo</p> 	<p>10:00 Coffee Break 10:30 Word board 2:00 Social Hour in Lounge 7:00 Movie Night</p> 
<p>10:00 Coffee Break 2:00 Friendly Visits 7:00 Current Events</p> 	<p>10:00 Coffee Break 10:30 Zoom Exercise 1:00 Games 7:00 Manicures</p>  <p>Mardi Gras</p>	 <p><b>February 2022</b></p>				

Due to unforeseen circumstances, program changes may occur without advance warning.